

# KENT & TKAT SPRING SUMMER MENU 2026

|                                                                                                                              |                   | MONDAY                                                                                                                                                                                                    | TUESDAY                                                                                                                                                                                   | WEDNESDAY                                                                                                                              | THURSDAY                                                                                                                                                                                                           | FRIDAY                                                                                                                                                                              | MENU KEY:                                                                                                  |
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| <b>WEEK ONE</b><br><br>20.04.26<br>11.05.26<br>08.06.26<br>29.06.26<br>20.07.26<br>14.09.26<br>05.10.26                      | <b>Option One</b> | Macaroni Cheese                                                                                                                                                                                           | Chicken 50% Enchilada Bake with Potato Wedges & Tomato Sauce                                                                                                                              | Roast Chicken with Stuffing, Roast Potatoes & Gravy                                                                                    |  Spaghetti Bolognaise                                                                                                           | Fishfingers or Salmon Fishfingers with Chips & Tomato Sauce                                                                                                                         | <br>Whole grain         |
|                                                                                                                              | <b>Option Two</b> |  Chickpea Curry with Rice               |  Quorn Vegan Cumberland Sausage with Potato Wedges & Tomato Sauce                                        |  Roasted Quorn with Stuffing, Roast Potatoes & Gravy |  Tomato & Vegetable Pasta                                                                                                       | Cheese & Bean Pasty with Chips & Tomato Sauce                                                                                                                                       |                                                                                                            |
|                                                                                                                              | <b>Sides</b>      | Green Beans & Sweetcorn                                                                                                                                                                                   | Baked Beans & Peas                                                                                                                                                                        | Carrots & Cabbage                                                                                                                      | Sweetcorn & Peppers                                                                                                                                                                                                | Baked Beans & Peas                                                                                                                                                                  |                                                                                                            |
|                                                                                                                              | <b>Dessert</b>    | <b>NEW</b> Banana Mousse                                                                                                                                                                                  | Mandarin Chocolate Cake                                                                                                                                                                   |  Fruit Platter                                      |  Apple Flapjack                              |  Strawberry Jelly with Mandarins                                                                 |                                                                                                            |
| <b>WEEK TWO</b><br><br>27.04.26<br>18.05.26<br>15.06.26<br>06.07.26<br><b>31.08.26</b><br>21.09.26<br>12.10.26               | <b>Option One</b> | Cheese & Tomato Pizza With New Potatoes                                                                                  |  Beef Chilli with Rice  | Roasted Pork Sausages with Roast Potatoes & Gravy                                                                                      | Greek Chicken Pitta with Herby Rice & Tzatziki                                                                                                                                                                     | Battered Fish with Chips & Tomato Sauce                                                                                                                                             | <br>Plant based         |
|                                                                                                                              | <b>Option Two</b> |  Lentil & Sweet Potato Curry with Rice  | Loaded Jacket With Cheese & Spring Onion or Tomato Pasta                                                                                                                                  |  Veg Wellington with Roast Potatoes & Gravy          | Greek Spinach & Cheese Whirl with Herby Rice & Tzatziki                                                                                                                                                            | Quorn Vegan Cumberland Sausage with Chips & Tomato Sauce                                                                                                                            |                                                                                                            |
|                                                                                                                              | <b>Sides</b>      | Peas & Coleslaw                                                                                                                                                                                           | Sweetcorn & Green Beans                                                                                                                                                                   | Fresh Vegetable Medley                                                                                                                 | Broccoli & Carrots                                                                                                                                                                                                 | Baked Bean & Peas                                                                                                                                                                   |                                                                                                            |
|                                                                                                                              | <b>Dessert</b>    | Chocolate Cake                                                                                                                                                                                            | Peaches & Ice Cream (or Cream for Serveries)                                                                                                                                              |  Freshly Chopped Fruit Salad                         | Vanilla Cake                                                                                                                                                                                                       |  Oaty Cookie  |                                                                                                            |
| <b>WEEK THREE</b><br><br><b>13.04.26</b><br>04.05.26<br>01.06.26<br>22.06.26<br>13.07.26<br>07.09.26<br>28.09.26<br>19.10.26 | <b>Option One</b> |  Tomato Pasta                                                                                                            |  Beef Burger with Potato Wedges & Tomato Sauce                                                           | Roast Chicken with Roast Potatoes & Gravy                                                                                              |  Chef Shilpa's Mild Chicken Curry with Rice  | Fishfingers with Chips & Tomato Sauce                                                                                                                                               | <br>Added plant protein |
|                                                                                                                              | <b>Option Two</b> | Mild Mexican Chilli with Rice                                                                                                                                                                             | Veggie Burger in a Bun with Potato Wedges & Tomato Sauce                                                                                                                                  |  Vegetable Pasty with Roast Potatoes & Gravy        |  Cowboy Sausage and Bean Hotpot                                                                                                | Cheese Whirl with Chips                                                                                                                                                             |                                                                                                            |
|                                                                                                                              | <b>Sides</b>      | Peas & Sweetcorn                                                                                                                                                                                          | Baked Beans & Rainbow Slaw                                                                                                                                                                | Carrots & Swede                                                                                                                        | Sweetcorn & Peppers                                                                                                                                                                                                | Baked Beans & Peas                                                                                                                                                                  |                                                                                                            |
|                                                                                                                              | <b>Dessert</b>    | Banana Chocolate Cake                                                                                                                                                                                     | Cheese & Crackers                                                                                                                                                                         |  Fruit Medley                                     | Strawberry and Apple Crumble with Ice Cream (or Cream for Serveries)                                                          |  Vanilla Shortbread                                                                            |                                                                                                            |
| <b>AVAILABLE DAILY:</b>                                                                                                      |                   | Jacket Potatoes with a choice of fillings, Salad Bar, Freshly Baked Bread, Fresh Fruit, Yoghurt                                                                                                           |                                                                                                                                                                                           |                                                                                                                                        |                                                                                                                                                                                                                    |                                                                                                                                                                                     | <br>Chef's Special     |

If you would like to know about particular allergens in foods, please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of allergen cross contact.